

June 2, 2026

Our God Is Lord

Nahum 1:7 The Lord is good, a refuge in times of trouble. He cares for those who trust in Him

As I was reading through the book of Nahum, I was reminded again of the goodness of God. Will He judge those who deny Him? Yes, He will. Will His wrath fall upon those who reject Him? Yes, it will. In fact, if you read through the whole first chapter, you will see multiple statements of God's coming wrath. We saw yesterday that He is so very patient. He loves His creations. He loves you. God's nature is good, always.

Not only is He good all the time, but Nahum states also that the LORD is a refuge in times of trouble. The Hebrew word used here is **lemaovz** and it is very descriptive. It means that the LORD Himself is *a place of absolute protection, safety, strength and comfort*. As a young boy, I lived much of my childhood on the farm with my grandparents. There were many days that I would leave the house after breakfast and be out in the woods and pastures for hours (until I got hungry). It was a different day back then and my mom and grandparents weren't fearful that something would happen to me. It was during those times that I found two places that were my "place of refuge." If I ever did not want to be found, I felt these two places would be the top of the list. These were places where I felt completely safe and hidden. Just as those "places" were places of comfort and safety, Nahum proclaims that to him, the LORD was his "hiding place." He is the good Father Who watches over His children and protects them from any evil; and Nahum knew that he could run to the Father and find refuge there.

Are you looking for a place of refuge? It can only be found in the Giver of all good things, the LORD God Almighty. Run to Him today. His arms are open wide, and He will receive you no matter what you've done or where you've been. He loves you!

Dear LORD, You are good all the time. We run to You because You are our place of refuge. You are our protection and our comfort. You are such a loving and good Father. Thank You for Your love. In Jesus Name, Amen.